

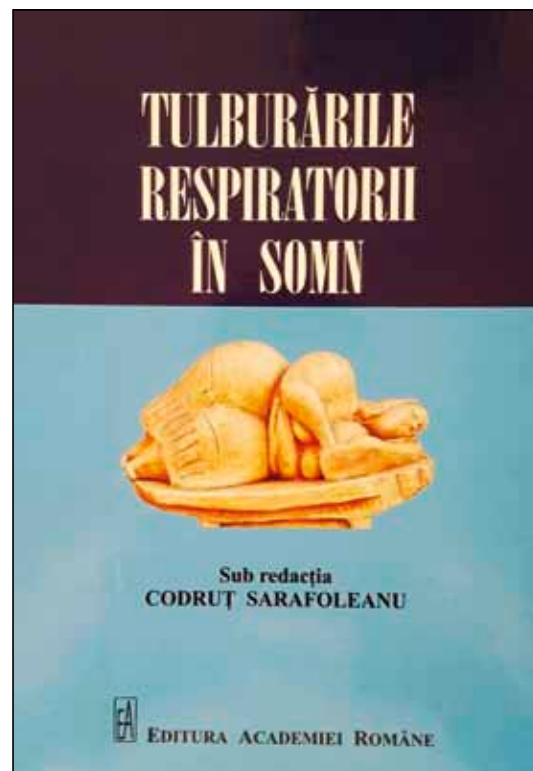
BOOK REVIEW

Tulburările respiratorii în somn

by **Codrut Sarafoleanu (editor)**

216 pages

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On the 15th of July 2016, the monograph “Tulburările respiratorii în somn” (“Sleep-related breathing disorders”) was launched at the Publishing House of the Romanian Academy.

The event was held in the hall of the Romanian Academy Central Library, in the presence of prominent personalities from the academic, medical, cultural and artistic domains.

Beyond the anecdotic aspect regarding snoring, the subject of medical interest is one with significant social implications, considering the legislative proposals of the European Union to prohibit the right to drive vehicles of patients with neglected or untreated obstructive sleep apnea syndromes.

The paper “Tulburările respiratorii în somn” (“Sleep-related breathing disorders”) is a monograph written by a prestigious group of 10 authors coordinated by Prof. Dr. Codrut Sarafoleanu.

Note that in the Romanian medical literary landscape there was an acutely felt need of such a monograph, given the increasingly higher frequency of the respiratory sleep pathology, under the modern lifestyle conditions that predisposes to sedentary behavior, obesity and implicitly airway collapse.

The paper is structured as a diagnosis and therapeutic algorithm. It presents the etiology and the methods for a correct diagnosis of these pathological entities to further detail the possibilities of surgical treatment. Surgical procedures include the ENT sur-

gery, the bariatric surgery, as well as the oral and maxillofacial surgery.

It insists on non-invasive ventilatory prosthesis, but also on anesthesiological problems that may occur in this category of patients.

A special place in the book is held by the chapter addressing sleep breathing disorders in children, knowing that this pathology can affect children of any age and has an increased incidence in the pediatric population.

The monograph is useful for the ENT specialist, and also for pneumologists, surgeons, anesthesiologists or generalists.

It is written clearly, succinctly, but at the same time it also outlines the essential information for diagnosis and a correct and complete therapeutic approach of sleep-related breathing disorders.

Considering the significant increase in frequency of these disorders and especially of the multidisciplinary medical interest, at the same time with the development of possibilities of modern investigations also available in Romania, I believe this monograph is a necessary and very useful book to those interested in this subject of pathology.

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